

Abstract

Title: Sign of competitive state anxiety by soccer players before the match and its possible effect on the performance.

Aim: The aim of the study was to find out an anxiety level and its effect on soccer players performance. Concretely success passes in the game.

Metod: All data were gathered by questionnaire CSAI-2 (Competitive State Anxiety Inventory 2) and multidimensional anxiety theory designed by Martens, Valey and Burton (1990). To assessment of passes performance was used the video.

Results: We found out, that higher anxiety level hasn't negative effect on the player's performance. For soccer players was typical high state self-confidence, and the somatic anxiety was more represented than component cognitive anxiety.

Keywords: competitive anxiety, CSAI-2, performance, multi-dimensional anxiety theory, soccer